

WSHA NEWS



WEST SALEM HOCKEY ASSOCIATION WWW.WESTSALEMHOCKEY.COM

August '08

Board of Directors Meeting Notice

Monday, August 11, 2008
West Salem American Legion
6:00 pm

General Membership Meeting Notice

Monday, August 11, 2008
West Salem American Legion
7:00 pm

West Salem Hockey Association Board

President:	Joe Belling	786-0637
Pres. Elect:	Brian Meyer	786-3664
Past Pres.:	Eric Hesselberg	786-2938
Secretary:	Kelly Cottrell	786-1618
Treasurer:	Joan Pierce	788-3611
League Rep:	Steve Greene	787-5727
Director:	Mike Gorniak	786-0980
Director:	Mitch Langrek	786-1030
Director:	Kevin Bigley	786-2723
Director:	Jenny Greiner	769-4166

Just a friendly hello

Hello once again.

Is anyone actually ready for August to already be here? Is it just me or did this month creep onto my calendar before I barely turned the page to July? Soon enough the big yellow bus will be pulling up with a loud halting screech as it steps on the brakes and opens the doors.

Yes, another year of memories in-store for each and every one of us.

Memories are our ability to store, retain, and subsequently retrieve information.

Are memories taken for granite?

Do you ever forget about your childhood? Your first love, maybe the day your dad walked you down the aisle, eyes full of tears as he is forced to watch his little girl turn into a woman. What about the memories of your children's first steps, or first words. Maybe the day you took them to kindergarten, walking away briskly with sunglasses on so no one else would see you crying, though a handful of others are all doing the same.

Memories can be beautiful, but they can also tear you apart. Some memories you wish to forget.

Memories can be like a baseball game.



Some pitches are perfect and you want to remember them forever, though some memories are thrown at you like a curve ball and you have to make best of the situation. Memories can over joy us, and they can tare us apart; bringing us to levels that cause pain and sorrow.

How about the memories you make with friends. The memories can last a life time.

Friends are what holds us together when are memories are bringing us down. A memory can be from 10 years ago, or from the night before. The friends you meet that hold you up are the friends you'll remember forever. A friend will never judge you even when your weakest moments could be judged they'll hold your hand and tell you to pull yourself together. At the same time they will wipe your tears, and bring a smile to your face.

A true friend will last in your memories forever. Just remember it's easy to tell someone to forget about something, but sometimes are memories force us to remember things against our will.

If you had the choice to wipe away all your memories, forgetting all the pain that has occurred in your life; but also forgetting all the good memories as well; what would you decide? Most of us are going to keep the memories and enjoy the thoughts that have brought upon so many smiles and laughter.

Keep your good friends, family and loved ones close to your heart. If you do that, the bad will pull it self together and you will be one step closer to conquering the memories you fear and living your life to the fullest everyday!

Sincerely,
Kelly Cottrell

Upcoming Events

- ✚ August 8th - The Brat Barn
- ✚ August 10th - Bangor Fun Days Parade
- ✚ August 15th - Candle Sales End
- ✚ August 23rd - The Annual Golf Outing
- ✚ September 13th - WSHA Registration
- ✚ September 17th - WSHA Registration
- ✚ October 1st-4th - Oktoberfest Races
- ✚ October 18th&19th - 2008-2009 Try-outs

Only Three Weeks Remaining, Until...**The Annual Golf Outing**

Ladies and gentleman hold back your excitement, stay in your seats as we bring to you the one and only, "Annual WSHA Golf Outing."

There is no need to panic if you haven't put the date on your calendar yet, but it is absolutely time to do it now. There is no more time for procrastination. You know what I mean, we all do it. Believe me, I'm guilty as charged.

August 23 is almost here. Make your checklist now, so you don't miss out on one of the biggest fundraisers of the year.

- ✓ Designated August 23 for WSHA Annual Golf Outing
- ✓ Found at least one whole sponsor (sponsoring a whole entails, a donation of \$50.00-\$200.00 and in turn a sign with their name or business will be put by a hole, with the recognition of helping out the WSHA.)
- ✓ Found someone who wanted to make a monetary or gift donation for the raffle table.
- ✓ Decided you wanted to golf, or come and help out.

Once your checklist is complete, you'll feel much better knowing you're apart "Of one of the biggest fundraisers of the year."

It's not too late!

There is little over 40 teams of four that can participate in golfing that day. A little over half have been spoken for, but there is still room for your team.

This event is all about having a good time, while soaking in the warm fresh air. You don't have to be an avid golfer to participate.

Join in the fun. If you or someone you know would like to golf in this great event contact Marc Donahue @ 738-1582.

The cost is 60.00 a person or \$40.00 if already a member of Fox Hollow Country Club. This price includes 18 holes of golf, cart, lunch, beer and

soda. If you have any questions or are unclear about anything please contact Kelly Sandvig @ (608)317-9538.

Festival Foods Brat Barn

The Festival Foods Brat Barn is this Friday, August 8th. We have some volunteers, but there is still room for you if you would like to come and help out. We will be there from 9:00am-6:00pm. We are responsible for cooking the brats and selling them. Your children are encouraged to come along and help out as well.

If you have some free time this Friday, please consider hanging out in the brat barn.

If the smell and taste of a festival brat isn't enough motivation to come and help out; think of the children of the West Salem Hockey Association. The money earned goes towards making this association the best it can be. We already earned over \$500.00 in July hosting the Brat Barn. If we can match that, we earned an easy \$1,000.00. A couple hours of your time in these events can really make a difference during registration costs and other expenses.

If you can help out please contact either Joan Pierce @ 788-3611 or Kelly Cottrell @ 786-1618.

Bangor Fun Days

The Bangor Fun Days parade is right around the corner as well.

Come and be involved in the WSHA.

The parade starts at 12:00, but we should all be there at 11:00. We will meet at the elementary school parking lot, and will be directed from there as to where our group will be. Our group number is 19 and as long as you can remember that, someone will point you in the right direction.

The children and parents who decide to become involved in these parades are the people and families who represent the West Salem Hockey Association. If you would like to help represent the WSHA and would like to give your child the chance to become part of what he/she belongs to, come to the parade. Come walk along and help show the community around us who we are. What they could be, and how much fun their kids could have during the winter months.

If you would like to help out during this event, please contact Julie Young @ 786-4052 or Kelly Cottrell @ 786-1618 or just show up!

Candle Sales

The candle sales are going on right now. The end date was scheduled for August 4th, but will be extended until August 15.

Remember that all fundraising dollars you earn are also applied toward your work hours. For every \$20 you raise, you can be credited with one work hour. Not only is this another great way to get your hours put in before the season even starts; but it is another great way to earn money for the WSHA.

It is a fundraiser that shouldn't be ignored.

As reported in the November newsletter, we had a total of 28 members participate and sell candles in October and we earned \$2,416.20 total profit. There are endless possibilities to these simple fundraisers. We can make our association so much money if we just simply take a little time and try. It doesn't hurt our kids either, to send them through the neighborhood or down a couple blocks with smiley deserving faces. People are apt to help out in fundraiser sales when they see the children working for their association.

Let's put our children to work selling those candles. If you haven't picked up a form yet you can contact Kelly Cottrell @ 786-1618 or Roxanne Grosskopf @ 786-4128.

You can also drop the forms off at Tool & Die in West Salem when you have completed them. Thanks ahead of time for making this fundraiser a success!

Oktoberfest Races

Just a reminder, we do help coordinate the campground for the Oktoberfest Races in October. It is a fundraiser that takes little effort if enough people volunteer.

Daytime volunteers are always needed.

Please consider; Helping out during this event.

There will be more details on this event as the months follow.

Stay Tuned.

Coaches Committee

We are looking for members who would like to become involved on the coaching committee. The primary function of this committee would be to recruit and qualify head and assistant coaches for all teams in the association, then making recommendations on coaches to the Board of Directors. This is an extremely important function within the association as it directly affects the development of all our kids. We would like to see 5-6 members on this committee representing a cross-section of all levels. If you are interested in participating in this, please contact President Joe Belling at 786-0637.

Open Positions for the Upcoming Season

We need some volunteer help in some very critical areas!! All of these functions are crucial to the success of our program. Please contact President Joe Belling if you are interested in any of the following open positions. Remember - you don't have to do this yourself - anyone can "tag-team" these jobs. Please consider helping out if you can.

We need:

Rink Manager

Neshonoc Dayz Coordinator

The WSHA Swap Shop (New)

Check out the WSHA Swap Shop! Have some equipment you want to get rid of? Need more equipment? Want to advertise to the WSHA membership? You can do that here! This is a new site that has been put on the WSHA website. Check it out and take advantage of it. You never know, something you might happen to need or have misplaced may be something you can pick up from someone here at the swap shop. Why travel anywhere else when what you need could be next to your back yard. There are already a couple items at the swap shop. Check it out or get rid of the stuff you know longer need.

If you would like more details about the swap shop go to www.westsalemhockey.com and scroll under WSHA info. You will find the swap shop there.

Have fun!

Something to Think About

I had a hockey mom recently inquire about having a silent auction. I heard the same idea a couple months ago, so this time I would like to ask you all what you think about holding a silent auction. It would take a little work but if a few people would volunteer to put something like this together it could mean a successful start to the hockey season.

These are the kind of ideas we need to bring forward to help the WSHA survive in the years to come.

Fundraisers don't take a lot of effort if a group of people work together.

The WSHA is a non-profit organization that isn't going to grow unless we make that happen.

If you have struggled with finding time to help out with different events in the past, this is the fundraiser for you.

When the work is done and the lights are turned off and you see the good you have accomplished. The hours you put into an event seem minimal compared to the feeling of helping to make WSHA greater than the years before and greater for the years to come!

Only together can we succeed!

*If this is something that interests you please email Kelly Cottrell- @ cottrellwi@yahoo.com

Recipe for the month



Steak Salad with Fresh Summer Berries

This recipe is a must add to your recipe collection. This salad is so delightful it will bring watering mouths to the dinner table. Guests will envy your style of cooking and your kids will ask for more!

Ingredients:

1-1/2-pound flank steak
 2/3 cup Kikkoman Teriyaki Marinade & Sauce
 1 tablespoon balsamic vinegar
 1 teaspoon vegetable oil
 2 cloves garlic, pressed
 8 cups torn romaine lettuce leaves
 3 cups fresh berries, such as blackberries, blueberries, raspberries and halved strawberries
 ½ cup pecan halves, broken and toasted
 Ginger-Balsamic Dressing

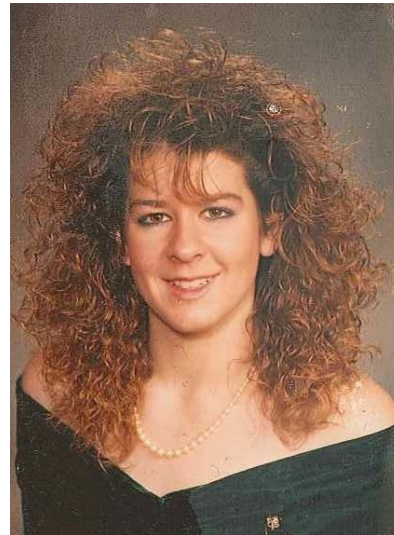
*Ginger-Balsamic Dressing:

Whisk together ¼ cup each balsamic vinegar and vegetable oil, 2 Tbsp. Kikkoman Teriyaki Marinade & Sauce and ¼ teaspoon grated fresh ginger root.

1. Score both sides of steak in diamond pattern; place steak in large plastic food storage bag.
2. Combine teriyaki sauce, vinegar, oil and garlic; pour mixture over steak.
3. Press air out of bag; close top securely. Turn bag over several times to coat steak. Refrigerate 2 hours, turning bag over once.
4. Remove steak from marinade; discard marinade.
5. Grill steak 4 to 5 inches from hot coals 10 minutes (for medium-rare), turning over once.

6. Holding knife at slight angle, cut steak across grain into ¼- to ½ -inch thick slices.
7. Divide lettuce on 4 individual serving plates.
8. Arrange steak slices on top of greens and top with fresh berries and pecans. Serve with Ginger-Balsamic Dressing.

WHO IS THIS ROCK STAR?



Look who's 40!
 Wishing you a happy 40th Birthday,
 From all of us to you!!!

Calendar Winners for July:

\$100 Jack Sandvig

\$50 Kim Berg, Bill Killooy, Rita Schwartz, Denny Kyser, Mary Bahr, Ray Greene, Jonah Van Cleave, Dan Berg, Susan Thompson

\$20 Dennis Gerke, Bob Diehelmann, David Bihm, Gary Massman, Andy Lenselink, Rita Johnson, Matt Berghefer, Jay Grotelueschen, Don Wenger, Ted Deery, Dawn Berghefer, Jeff Servais, Morgan Myher

No General Minutes report due to not having a meeting in July.