

WSHA NEWS



WEST SALEM HOCKEY ASSOCIATION WWW.WESTSALEMHOCKEY.COM

June '08

Board of Directors Meeting Notice

Monday, June 09, 2008

West Salem American Legion

6:00 pm

General Membership Meeting Notice

Monday, June 09, 2008

West Salem American Legion Hall

7:00 pm

West Salem Hockey Association Board

President:	Joe Belling	786-0637
Pres. Elect:	Brian Meyer	786-3664
Past Pres.:	Eric Hesselberg	786-2938
Secretary:	Kelly Cottrell	786-1618
Treasurer:	Joan Pierce	788-3611
League Rep:	Steve Greene	787-5727
Director:	Mike Gorniak	786-0980
Director:	Mitch Langrek	786-1030
Director:	Kevin Bigley	786-2723
Director:	Jenny Greiner	769-4166

Meeting Agenda

- Secretary's Report
- Treasurer's Report
- League Report

- Old Business
- Neshonoc Dayz
- June Dairy Days
- Donation Plaque

- New Business
- Coaching Committee
- Calendar raffle
- Adjourn

Just a friendly hello

Excitement through the halls, whispers by the lockers, and lots of chatting and moving around in the classrooms. Do you remember what it was like to be a kid? Do you remember the butterflies of excitement during the last week of school? Wondering what was in store for your summer. Thinking know matter what you did it would be summer, and just the thought of two months off from school made you smile.

Lemonade stands, riding bikes, swimming, picking strawberries, playing ghost and the graveyard and



Kick the can are just a few things that come to my mind when I think of my own childhood experiences during the summer time.

There is just something to be said about the soft, warm air, blue skies, and bright sun.

When I took a quick peak in my garden today and saw a glimpse of small green strawberries I can say I finally feel comfortable saying summer is finally here! The strawberries are coming.

Enjoy your summer, enjoy your children. Enjoy the memories and bonding you make each day.

Next time your child asks if you want to go outside and do something, and your about to say no, as you sit comfortably in the house. Shut your eyes and remember for a second what it felt like to be a child. Remember how much fun you had. Go outside play kick the can with a bunch of kids, play kick ball or go for a bike ride. Buy a croquet set and have hours of fun. Encourage the kids to play outside.

I'll leave you with this; think of the fun you had as a child. You can have the same fun with your children now. Think of how stress free it would be to run around playing ghost and the graveyard or flashlight tag. Let your toes breath, run in the grass, yell in a field. You'll feel younger, healthier, and when you're playing with your children not only are you having fun but you know what your kids are doing!

Have a great summer!

Sincerely,
Kelly Cottrell

Past Events

Neshonoc Dayz

This year during Neshonoc Dayz the weather was a little iffy, but the night went on. Neshonoc Dayz is a fundraiser that the association has been participating in for five years. It is a simple way we can make a lot of money and help to keep your registration fees the lowest in the league. Since the prizes for the drawing are donated, every dollar sold goes straight to our bottom line. Our association has around 100 families in it. With every family selling \$50.00 worth of tickets we earn \$5,000 in profit with little effort. Because many members chose not to participate, our association earned \$3700.00 during the event this year. This is a great fundraiser, and those who chose to help defray costs by selling tickets are thanked whole heartedly by the board.

Extra thanks go to Chase Miller and Eric Hesselberg for heading this event once again this year as well all the families who showed up to help with set up, selling tickets at the event, and teardown/cleanup.

2008 5th annual Neshonoc Dayz Raffle winners:

Grand Prize \$500.00 - Austin Larson
 2nd Prize Electronic Slot Machine- Dirk Gasterland
 3rd Prize Jacuzzi Suite 1 night- Mike Berghefer
 4th Prize La Crosse Speedway family package- John & Kelly Sandvig
 5th Prize Flowering Crab Tree- Joe Belling
 6th Prize Decorative Mirror- Tom Boots
 7th Prize \$50.00 cash- Emma Molling
 8th Prize \$50.00 cash- Pete Hass
 9th Prize 6 car washes- Matt Berghefer
 10th Prize Makita 9.6 Volt Cordless Drill- Kim Sloan
 Congratulations to all the winners!!

June Dairy Days

We couldn't have asked for a more beautiful day on Saturday. The walk was very refreshing through the parade. This year we decided to do something a little different. Brought up by Bonnie Trapp at the last General membership meeting, she suggested that instead of taking all the time to make a float this year we drive the Olympia Ice Resurfacers to "really get the crowds attention". President Joe Belling graciously drove it through the parade as we watched the crowd look ahead curiously. The kids were excellent as they walked or rollerbladed through the parade. What a good time!

The beer tent was good easy work and I think everyone who participated in this event had a great time and a laugh or two to top it off.

The Board of Directors would like to thank J.C. Ledoux for stepping up to the plate this year and heading this day and night event. It really takes a willing and "want to succeed" attitude to head these events. Thanks also to everyone who showed up to work their shifts in the tent.

If you weren't present this year, really think about joining in on the fun next year. Every hour you put in during the summer months raising money, you are taking off work hours during the season. Once again the Board of Directors thanks everyone who helped out and supported our hockey players during this event.

Coaches Committee

We are looking for members who would like to become involved on the coaching committee. The primary function of this committee would be to recruit and qualify head and assistant coaches for all teams in the association, then making recommendations on coaches to the Board of Directors. This is an extremely important function within the association as it directly affects the development of all our kids. We would like to see 5-6 members on this committee representing a cross-section of all levels. If you are interested in participating in this, please contact President Joe Belling at 786-0637.

Open Positions for the Upcoming Season

We need some volunteer help in some very critical areas!! All of these functions are crucial to the success of our program. Please contact President Joe Belling if you are interested in any of the following open positions. Remember - you don't have to do this yourself - anyone can "tag-team" these jobs. Please consider helping out if you can.

We need:
 Rink Manager
 Neshonoc Dayz Coordinator
 Golf Fundraiser Coordinator

Upcoming Events

Mopar Car Show

The annual Mopar Car Show will be held on Saturday, June 7 at the Fairgrounds. WSHA will once again be helping out with serving, and in return the Mopar Car Club makes a very nice donation to our association. We currently have all volunteer slots filled for this event. Thanks to those who volunteered! Come on out and check out the event!

The Annual Golf Outing

It is already that time again. The Golf Outing Committee is on its way preparing for the event that will take place August 23 at the Fox Hollow Golf Course.

It takes time, organization, and motivation to make everything run smoothly up to the day of the event. Over the last few years the list of hole sponsors and donors have stayed close to the same with little change; though we are very appreciative of the continuous support we don't want to burn the same people out every year either. The golf committee really wants you to think about either sponsoring a hole or find at least one person who is willing. The sponsor will have a sign up on a golf hole with their name on it. A sponsor donates \$50.00 (or more). We can make a lot of money during these fundraisers. There are so many new people in the association with young hockey players. Those new folks have great contacts and can really help add to our sponsor list. Help out the committee - every sponsor really makes a difference, and keeps our registration prices low.

There is little over 40 teams of four that can participate in golfing that day. The spots fill up fast so if you want to golf that day contact Mark Donahue @ 738-1582

The cost is 60.00 a person or \$40.00 if already a member of Fox Hollow Country Club. This price includes 18 holes of golf, cart, lunch, beer and soda.

If you're not interested in golfing come anyway and check out the raffle table that will have you pondering over which prizes you'll try and win.

If you never have participated in helping out in this event the "day of" and would like to do that as well contact Kelly Sandvig @ (608)317-9538

This really is a fun event; an event you'll be happy you participated in. Hope to see you there!

Roller Hockey Anyone?

A message from Onalaska/Holmen Tornado Youth Hockey:

Hello everyone!

I hope that your off season is going well. The reason for this email is to see if there would be any interest for a summer roller hockey program? I have in place a plan to run a summer program in rink 2 with the boards up. The program would be a pond hockey style program, come in during your levels time slot and have fun playing!!

For those of you new to roller hockey, it is played 4 on 4 with NO icing, NO offside's, and NO checking...at any level! It is also played with a ball, to keep the action moving.

This is a great way to keep your son OR daughter playing and working on their skating, stick handling and shooting skills. Roller hockey is a game of fitness and creativity, with little stoppage in play and with no contact kids are open and encouraged to try new and different things while skating with the puck/ball. Trying things that they wouldn't normally try during the ice season. While working on their cardio and basic skills without even realizing it. Much of the nations youth teams are starting to use roller hockey to compliment their ice hockey program during the off season. Not only youth teams but many NHL players and college players also use it to hone their skills and stay sharp for the upcoming season.

Most of the gear is the same as ice hockey with the major exception being rollerblades instead of ice skates. Below is a list of the equipment needed to play:

- 1) Helmet with a full cage
- 2) Gloves
- 3) Elbow pads
- 4) Shin guards
- 5) Mouth guard
- 6) And while NOT required I would strongly recommend a pair of Roller hockey breezers and Roller hockey pants.

The cost of the program is being worked out at this time, but one cost for sure would be registration with USA Inline hockey for \$30.00

The time frame for this program would be June 10th thru the end of August with the nights being Tuesday and Thursday night's

The time frame breakdown would be 6-7:30 Mites and Squirts together, 7:30-9 Pee Wee's and

Bantams together, and 9-10 Midgets and Adults together (possible with HS joining them).

The program will be open to ALL THE AREA HOCKEY PLAYERS listed above from Onalaska/Holmen (TYH), La Crosse (Flames), La Crescent (Lancers) and West Salem (Wild). BOYS AND GIRLS ALONG WITH MENS LEAUGE, AND COACH'S are all welcome and encouraged to come on out.

It's a great way to keep your skills up along with improving them all while staying healthy!!

If you could please let me know if your are interested or not by this Friday so I can start finalizing plans for this program it would be greatly appreciated. I should have final numbers for cost and dates by the end of next week, but I'm pretty sure it would be \$100.00 or less, (including the USA inline registration). By the end of next week I will be able to give you a definitive answer as to wither or not there is enough interest in this program to take it further.

Any questions feel free to email me at the address below.

Thank you for your time and I look forward to hearing from you soon,

Mike McCaffrey

TYH Coaching Director

Mikemccaffrey@tornadoyouthhockey.org

* Registration info can be found on the Tornado Youth Hockey website (www.tornadoyouthhockey.org).

Something to think about

During the summer months we go in different directions, whether it is soccer, baseball, football, swimming, different camps or community events. Either way, we all associate with more people than you think.

We as an association can really work on bringing new families aboard. The "learn to skate day" is great, but we can also work on it during the summer with little effort. When you're sitting on the grass relaxing on a blanket talking to a few other parents over a game of baseball, mention you're involved with the West Salem Hockey Association. Let them know how much your kids enjoy the sport. The friends your children have made, and even the friends you've made. You would be surprised at

how far a friendly face and a little enthusiasm can go.

We as a whole can really expand our association. We have plenty of room to grow, so how about we start by planting the seed!

Tryout Dates 2008-2009

Just a reminder if you haven't put these dates on your calendar; October 18th and 19th have been set for tryout dates next year.

Recipe for the month



Strawberry Pizza

Why not keep the theme and go with this magnificent dessert called Strawberry Pizza. Take this exquisite dessert to any summer get together, but make sure to bring a copy of the recipe along with you. Yours friends will love it!

- 1/2 pound (2 sticks/1 cup/8 oz/226 g) unsalted butter
- 2/3 cup granulated sugar
- 1 large egg
- 1/4 teaspoon baking powder
- 1/8 teaspoon salt
- 1 1/2 teaspoons teaspoon vanilla extract
- 2 1/3 cups all-purpose flour

Ingredients for Topping:

- 8 oz. package cream cheese
- 1/4 cup strawberry puree (about 4 fresh very large strawberries pureed in a blender)
- 1 tablespoon honey
- 2 tablespoons granulated sugar
- 3 pints fresh strawberries (medium to large size strawberries)

Ingredients for Glaze:

- 1 tablespoons honey

- 1 teaspoon water

Garnish:

Mint Sprigs

Dough:

Cream together butter and sugar with a mixer until fluffy; add egg, baking powder, salt and vanilla till mixture is smooth; add flour and mix till smooth dough is formed. Place finished dough in between two sheet of wax paper and refrigerate for about 20 minutes.

Remove from refrigerator and roll the dough out to about a 1/4 inch thickness and in a round shape.

Place the dough in a greased 12 inch pizza pan and bake in a preheated 350 degree F (180 C) oven for 25 minutes or until crust is a light brown.

Cool completely.

Topping:

Combine cream cheese, puree, honey, and sugar until smooth. Spread evenly over the cooled cookie crust, leaving a 1/2 inch border uncovered. Place whole strawberries around the outside border and use sliced berries to fill in the middle of the pizza.

Garnish with mint sprigs.

Glaze:

Combine honey and water and brush over the top of finished pizza

Enjoy!

Calendar Winners for May:

\$100 Dianna Berghefer

\$50 Ellen and Mark Thorn, Marge Marshall, Kim Engelson, Char Vick, Tom Kruser, Bridget Young, Raymond Skaife, Ann Hatlestad, Heather Nolte

\$20 Clark and Martha Burdick, Diana Johnson, Jim Scorsone, Kevin and Michelle Bigley, Karen Hammes, Mitchell Hammes, Connie Kelly, Mary Meyer, Ale Young, Dave Loberg, Andy Bee, Cathy Markle, Joshua Zabel