

WSHA NEWS



WEST SALEM HOCKEY ASSOCIATION
WWW.WESTSALEMHOCKEY.COM

March '09

Board of Directors Meeting Notice

Monday, March 09, 2009
West Salem American Legion
6:00 pm

General Membership Meeting Notice

Monday, March 09, 2009
West Salem American Legion
7:00 pm

West Salem Hockey Association Board

President:	Joe Belling	786-0637
Pres. Elect:	Brian Meyer	786-3664
Past Pres.:	Eric Hesselberg	786-2938
Secretary:	Kelly Cottrell	786-1618
Treasurer:	Joan Pierce	788-3611
League Rep:	Steve Greene	787-5727
Director:	Mike Gorniak	786-0980
Director:	Mitch Langreck	786-1030
Director:	Kevin Bigley	786-2723
Director:	Marv Lehmann	786-0286

Agenda:

Secretary's Report
Treasurer's Report
League Report

Old Business:
Recognition Plaque
Try-out Procedures
Elections
Chiller

New Business:
Zero Tolerance reminders
Referees during play downs
Annual WAHA Meeting
Advertising
Grades

Just a friendly hello

Hello to you all once again.
March has arrived and we all know what that means. We must all say good-bye to one more season of hockey. One more season of cheering on our kids and watching them all grow and develop in their own ways.



We say good-bye to a lot of the people around us we shared many cold days and nights with.

We say good-bye to smelly bags and stinky gloves. Hopefully sooner than later we will say good-bye to the snow that never wants to go away. We will say good-bye to the cold air that will be replaced with warmth.

It is strange how saying good-bye in life can seem so overwhelming and impossible, but then you move on to your new adventure and realize the good-bye was just a stepping stone.

Can you remember when you first walked out of the home you grew up in? The empty feeling filled with excitement at the same time. To walk down the driveway knowing it never be your home again - just a place to visit family, as you would turn around and say good-bye.

Maybe you can remember when you and your life-long best friend went your separate ways. You are saddened by the good-bye but you find yourself meeting a new best friend who is there to listen whenever you need.

When we say good-bye to our own children one day we may find ourselves not wanting to let go of their childhood, but become excited when they tell us about their college grades or career opportunities.

Now it is time for me to say good-bye to each and every one of you. I have enjoyed being part of the WSHA Board of Directors and serving as the Secretary for the last two years. I hope I have kept you all fully informed.

I am moving on to the new exciting events that are coming with my family. This association is by far the best you can come across. In the future I will look forward to reading what is going on in The West Salem Hockey Association!

Good-bye to you all and I'll see you at the rink!

Sincerely,
Kelly Cottrell

Upcoming Events

- March 6th-8th
PW1 State Tournament in Tomah
PW2 State Tournament in Sheboygan
Mite 2 State Tournament in Waupun
- March 9th- WSHA BOD Elections, 7:00
- March 13-15th
Squirt 1 State Tournament in Antigo
- March 13th- Chillers are turned off
- April 4th- Annual Membership Meeting
- April ?- Awards Ceremony Banquet
- May 24th- Neshonoc Days
- May 30th- June Dairy days
- June 6th- Mopar Car Show
- August 9th- Bangor Fun Days
- August 22nd- Annual Golf Outing
- September 30th-October 5th-
Oktoberfest Races

History of the West Salem Hockey Association

How much do you know about WSHA? How did this association get started? Do we really have it that bad?

In 1977 WSHA was just a recently formed Hockey Association. The rink in West Salem at that time was located where the parking lot is at the current rink and consisted of square cornered boards with no backing where today plexi-glass is used. An old 2 room building owned by the village on the west end of the rink served as a warming house and dressing room. A few years later the association was able to add chicken wire to protect fans and keep the puck in the rink. Jersey's were donated by a few local businesses and each level had a different color. Mites had green, Squirts had orange and black, Peewee's had red and white, and Bantams had Black and yellow. As refrigerated ice was only a far fetched dream back then, the first practices of the season would often take place on Lake Neshonoc once the ice was safe. Hay bales were often hauled onto our "rink on the lake" and boards and old tires were set up to use as nets. There was no Zamboni back then - the Association

rule was that you shoveled the rink before practice so if there was a snow storm before your practice half that practice was spent shoveling the rink. There were about 5 or 6 shovels and if you were lucky, a parent would bring over a snow blower to help. Usually a couple times a week a fresh coat of water would be sprayed on the ice, otherwise it was make due with what you had for ice.

In 1978 West Salem was not very competitive against the more established programs. There were some real ugly games. One particular game during this year, La Crosse beat WS 20-1. In the late 70's and early 80's the PeeWee's and Bantams were becoming more competitive. When WS was not playing another team, many Saturday mornings and afternoons were spent playing pickup hockey games at the rink with nothing but skates, sticks, and gloves.

In the early 80's the current "Lions Building" was built. At the time it was a state of the art warming house / changing room for hockey association. During the 80's, there were a few years when West Salem High School Hockey had very small numbers, but even with the small numbers and no covered rink the team still managed several wins against tough opponents.

These years would soon be the final years WS had its own High School team. Small numbers forced the underclassmen to play for the Lacrosse Flames for a few years and soon WS and Sparta would merge High School teams. The High School team had its own locker room in the old west end building and everyone had their own permanent spot. The heaters in the locker rooms were anything but fancy - if it was on it blew air at about 60 mph right on your face and if it was off players would freeze in no time as air leaked through the old walls.

This has been a blast from the past about WSHA. Hearing the history of how our association has developed and progressed can show you what we can accomplish in the future. We have come along way since then, and we can build our association stronger than it has ever been. If we work together we can succeed!

West Salem Website

Make sure you are checking the website through out the summer. Kris is always updating information on it to keep you fully informed on what is going on.

Kris's constant care and ambition with the website is very much appreciated through out the association. www.westsalemhockey.com

Coach of the Month

Congratulations this month to two of our very own coaches in West Salem who have been picked for coach of the month in February through WAHA Hockey.

Yes, not just one coach but two were picked in West Salem.

Congratulations to Steve Antony of the PeeWee1 team and Joe Belling of the Squirt 1 team.

This is a great accomplishment and recognition throughout WAHA hockey; for any coach! Go to the WAHA website at www.wahahockey.com and check out the coach of the month winners for yourself.

We can all be proud that we have such dedication to our kids. Thanks for your support in helping our kids grow developmentally throughout the year.

Congratulations to you both!
You put the T in T-E-A-M!

Past Events**Play-Downs**

Play-Downs this year took place on the weekend of February 13th-15th. What an exciting weekend for the teams and families of WSHA.

All six of our teams did a great job and played very hard through out the busy weekend.

With butterflies in the stomachs and adrenaline pumping after the weekend was over we were able to proudly say four out of the six teams made it on to play in the State finals.

Congratulations to our four teams:

Peewee 1, Peewee 2, Squirt 1, and Mite 2.

The players and parents of these four teams will represent WSHA. Please don't forget about the zero tolerance meeting you all should have attended.

Let's represent our association as winners no

matter how the outcome of the games. Good sportsmanship goes a long way.
Good luck to all four teams in state!

Up-Coming Events**WSHA BOD Elections 2009-2010**

Election time is here once again.

Please note that the only way you can vote is if you or your spouse has been to two General Membership meetings in the 2008-2009 year. If you have been to two, please come and vote on who you would like on the board for the 2009-2010 year.

Voting will take place during the March General Membership Meeting which is Monday the 9th at 7:00pm.

Here are the positions that are up for nomination this year:

- **President Elect**- one year position, after which the individual serves one year as President, then a third year as Past President.
- **Secretary**- two year position. Position involves taking notes at all the meetings and writing the Board Minute Reports and General Membership Minute reports; as well as writing the monthly newsletters.
- **Director at Large (2)** - two year position
- **League Representative** - one year position. Position involves attendance at the League Meetings as well as the Board meetings.

Here are the nominees for the WSHA Board positions:

President Elect- J.C. Ledoux

Secretary- Mary Whitbeck

Director at Large- Brien Plunkett, Mark Weilandt, & Dale Larson

League Representative- Steve Greene

The Board of Directors would like to thank all the members that have volunteered to run for the 2009-2010 hockey season!

Absentee Ballots: Absentee ballots will be available on request in advance of election and hand delivered to an election committee

member with the voter's signature on the outside of a sealed envelope containing the vote which shall remain sealed until the election and then counted at that time. Absentee ballots may not be circulated by any other members. Absentee ballots are available from board members Mike Gorniak and Mitch Langreck, or the President - Joe Belling. You can contact them directly to arrange a time when you can meet with them to fill out your absentee ballot.

Amendment of Articles

Proposed By-Law changes need to be turned in by adjournment of the March General Membership meeting.

As stated in Article VIII of the West Salem Hockey bi-Laws:

Section 1. By-Law changes must be submitted to the board in writing by the general membership meeting at least one month preceding the annual meeting.

Section 2. All By-Law changes shall be mailed to the general membership at least two weeks prior to the annual meeting.

Section 3. A two-thirds (2/3) majority of all voting members present at the annual banquet shall be necessary to amend the articles of Incorporation a/or these By-Laws.

Rink Tear- down

Saturday March 13th should be the day we turn our rink chillers off.

At this time we don't have a schedule set for tear down because it is weather dependent. Hopefully by March 21st or the 28th we will be able to start the beginning of rink tear down.

The people who participate every year know there is a lot of work involved in tearing down the rink.

The people that have never participated can see first hand why it is so important to have the involvement of the whole association.

There is a lot of heavy lifting labor involved, but a lot of miscellaneous labor to do as well.

Not only are we responsible for taking apart all the boards and glass, but we also are responsible for leaving the Lions Building looking nice and clean. Every family that has been in the association for two years is responsible for twelve hours of rink maintenance during set-up and tear-down. This is an obligation made by everyone during registration. Please listen for phone calls that will go out and emails that will keep you posted on the event.

100% participation is what is expected as well as needed.

Thank you ahead of time for your help and support!

Brat Barns

There are no dates set for the Brat barn quite yet, but a couple things have been discussed.

One stipulation at the Festival Brat Barn is that you can only have your name down two times a year to participate. Last year we made around \$500.00 each time. This is easy money for our association.

The thought is instead of signing up under West Salem Hockey association we sign up under individual teams. Each team would sign up two times. If we do it this way we can potentially make around \$3,500.00. Each team would have to coordinate when and who would be working the shifts during their selected days.

This really is an easy event to get your hours in.

Your hockey kids are encouraged to come and help.

There will be more news on this as it is discussed.

Look for the updates coming up.

Did you know putting in work hours could be as easy as handing out Brats?

The Annual Membership meeting

The 2009 WSHA Annual Meeting and Banquet are set for, Saturday, April 4, 2009 at the West Salem American Legion.

This event will take place at:

5:00 pm- Cocktails

6:15 pm- Dinner

7:00 pm- Annual Meeting

Once again Bonnie Trapp will be coordinating this event. She did a wonderful job last year and will once again this year.

Cost per person is \$11. (This includes tax-gratuity)

The menu this year consists of; Beef tips and Chicken Cordon Bleu, Mashed potatoes and gravy, Coleslaw and Potato salad, Corn, rolls, relishes, coffee, and punch. (Is your mouth watering yet?)

Something new this year - all the members who show up will be given two hours towards general work hours. Hopefully we have a good turn out with the extra incentive to be there. Show up to the Annual meeting and be around as the new Board members step forward and the president passes his torch. The food was excellent last year. It was definitely a great time, something you don't want to miss out on.

Your parent representatives will be asking the parents on each team who will be attending. (This is an adult only event). Bonnie will be collecting

money that night at the American Legion, but you can also pre-pay if you would like.

The Board of Directors would like to Thank Bonnie for her on-going help in this event ahead of time! Come have fun and be apart of WSHA!

An easy 2 hours towards next year!

Kids Awards Ceremony Banquet

The kids Awards ceremony banquet will take place sometime at the middle to end of April. This event is an event put on for the kids of WSHA. The last few years it has taken place at the Fox Hollow, but there is talk about a new location this year.

After everyone is finished eating lunch, each team is able to go to the front and each player is announced and given a trophy or metal. This means a lot to the kids. This is an event that you don't want to miss out on.

We have had two ladies volunteer to coordinate this event this year; Jenny Minnick and Jenny Brueggeman. If you would like to help these ladies out and make this year's Kids Banquet very special pleas contact them: Jenny Minnick @ 786-4152 and Jenny Brueggeman @ 786-1451. All the help they can get would be great.

The Board of Directors would like to thank these ladies for stepping up and helping out in a very special event for the kids of WSHA.

Nothing is set in stone yet, so please be listening and looking out for more information.

Working events such as this is a very rewarding way to take hours off of your list!

Neshonoc Dayz

Neshonoc Dayz is around the corner and set for May 24th.

Neshonoc Dayz is a great way for the WSHA to earn a nice amount of money while having some fun at the same time.

This event takes place when the weather starts turning warmer and winter jackets are being replaced with spring jackets.

We are all responsible for selling \$50.00 worth of Neshonoc Dayz Raffle tickets. The tickets are handed out during the Awards Ceremony Banquet for the kids.

Make sure you pick up your tickets as it is reminded again that we all wrote out a check during registration for the \$50.00. These tickets are easy to sell, and as stated in the last newsletter there are great prizes to be won.

Heidi and Richard Brown are coordinating this event along with the help from Brien Plunkett; but they

could always use some extra help coordinating and getting things ready for the event.

The street dance is usually held from 5:00pm-12:00am. What a great time as the street turns into a large sized dance floor.

In the past years we have held a fishing derby and a chicken-queue, but will not be doing that this year.

It was discussed by members of the committee from the recent years that all the time and work that goes into the chicken-queue we just don't make much proceeds when it is all said and done.

If you think of any creative ideas that could be possible activities during the street dance please let the coordinators know.

If you would like to help out during this great event, or have any questions pertaining to the event, Please contact Heidi or Richard Brown @786-4507.

What a fun way to start putting in your hours! Can't say FUN feels like WORK! Can you?

June Dairy Days

June Dairy Days will be held on May 30th. The last couple of years the weather has been beautiful and it has been a perfect day to walk through the parade.

Every year the hockey association participates in the June Dairy Days parade.

The kids in the association really enjoy walking through the parade and waving to the friends and people they may know, and of course they like to hand out candy.

In the past we have always started at the block of East Tilson Street. We meet at 11:30 and hand out the kids WSHA hockey jerseys.

The families of WSHA who participate in this event are the families who represent our association.

When we walk down the main street of West Salem we show the families in the area what WSHA stands for besides just action packed cold blooded hockey fans half of the year.

We also show them that we believe in what our children do and support them 100%.

We walk down the street in West Salem because we enjoy staying fully active with our children on and off season.

Bring your kids and walk through the parade this year. Show your support of hockey. Let your kids show their enthusiasm of hockey as well. They are able to walk or roller blade. Let's show the town of West Salem that hockey truly is number one.

This event is one of the most important marketing tools that we participate in every year. We can show the kids in the area that we exist and have fun on the ice and off the ice.

We are currently looking for someone who would like to be responsible for organizing our 'float' for the parade this year. If you are interested please contact any one of the WSHA Board members.

Organizing a parade is a great way to put in hours during the warm months. Chalk them up now!

In the past we have asked for volunteers to work in the beer tent during the evening time as well. This is an undecided event this year, due to the lack of money our association actually earns through the event. The next newsletter should have an update on this.

Mopar Car Show

The Mopar Car Show is an event that Eric Hesselberg coordinates every year.

This event takes place June 6th at the fairgrounds in Holmen.

Every year we help serve during the event and in return the Mopar Car Club makes a very nice donation to our association.

Eric will be looking for volunteers to help in this event.

If you like checking out, "Hot Bodies", you know what I mean, "Car Auto Bodies," this is the event for you.

This event fills up quickly so contact Eric @ 786-2938, as soon as you can.

What a way to put in your work hours for the following year! It's that easy.

Bangor Fun Days

Bangor Fun Days is another great marketing tool for our association.

We have a few families from the Bangor and Rockland areas that are part of our association, but there are many more families who could join and let their kids really feel like they are a part of something great. This parade is another great source of exercise and well spent time with your children.

People may hear that West Salem Hockey is a fun association to be a part of, but when they see it first hand, they can really believe it.

Let your children show their hockey spirit, by roller blading or walking along the float, or Ice Resurfacer. Show your spirit as well. Join your children.

The involvement in the parade last year was very good, but let's make it even bigger and better this year. Let's show the Bangor area that we are what they want to be! Put this date on your calendar.

We are still in need for a volunteer to coordinate this event. If you are interested please contact someone from the WSHA Board of Directors.

I'm telling you, summer months are the way to go. Start putting in your work hours now!

The Annual Golf Outing

A huge event that takes place in the summer is the Annual Golf Outing.

This event is a huge benefit to our association.

Last year alone we were able to earn just under \$8,000.00. This huge profit that is greatly needed to keep our organization alive.

This committee can use volunteers to join and help make the golf outing as successful as it has been in the past.

You don't have to be a golfer to join this committee.

There are many things that need to be accomplished before the event takes place.

Finding golfers and finding new hole sponsors is huge. Finding new hole sponsors was something discussed heavily last year. Our association doesn't want to burn the same people out year after year. A whole sponsor can sponsor \$50.00 or as much as they would like. In turn they will have a sign on the golf course showing their support and if it is a business it will advertise as well. All the hole sponsorship money we get is a direct deposit to the WSHA Checking account.

Many other things are needed to be done as well.

Organizing the golfers, getting donations for the raffle table, door prizes for the golfers, putting together the food and beverages, and working on different games to be played as well as golfing is a huge start to the wonderful day of the "Annual Golf Outing".

This is an awesome event that you don't want to miss out on!

If you can't help coordinate the event there is much needed help the day of the event.

If you are interested in helping out in any way, please contact Kelly Sandvig @ (608)317-9538

Work hours truly don't get any better than this! August Sunshine, fresh warm air...need I say more?

Oktoberfest Races

This is once again being coordinated by Mike Gorniak. Thanks to the hard work Mike put in last year along with J.C. Ledoux - we earned \$2,686.00 in our participation with this event.

These events throughout the summer really keep the West Salem Hockey association strong.

There are many people in the association who enjoy watching a little racing. If you are one of those people this is the event you want to take part in.

Our association sets up a spot by the main entrance and coordinates the campers as to where they need to park.

Get your hours in while you have the opportunity to still sit outside without frost bite!

Bring the fun of racing into your work hour log in sheet.

If you are interested in helping out in this event please contact Mike Gorniak @ 786-0980.

The Oktoberfest Races...Can you handle those hours? Get ready to start your engines folks.

Please listen and watch out for updates on all these events. This is a general look on what is happening in the months to follow, but if anything is changed there will be phone messages and emails sent to you.

Spring and summer will be here soon, keep up on what is going on in WSHA.

The President's Page

As the President's Torch is Passed Down



Past President

As the year wraps up and the board positions change, we say our fare wells to our current Past President Eric Hesselberg.

Eric has been in our association for around a decade.

He is not just a past president, but an ambitious member that will be missed in the West Salem Hockey Association as his youngest son moves to the High School.

Eric has personally contributed his equipment throughout the years for rink set up and tear down. He contributed his forklifts, tractor, trailers, tools, and not to mention the number of times that his shop fabricated items for our rink.

We would like to give Eric a BIG THANK-YOU and hope to be able to still use some of these things from time to time.

Eric also was a key driver in operation ice, started by doing ATV raffle, followed by implementation of calendar raffle, and key organizer / contributor of Neshonoc Dayz.

Even though his kids are moving on, we hope that Eric continues to support WSHA in the years to come.

Eric lastly, can we ask how about "Just one more?"

President

Our current President and soon to be Past President, Joe Belling is a man who has been in our association since 1977. Joe started playing hockey for WSHA as a Squirt and now is finishing his term of WSHA President. For anyone who doesn't know this is Joe's second time as president on the WSHA Board of Directors. That is a total of six years. Six years is a lot of commitment to the betterment of our association. Joe works hard on and off of the ice.

He works hard coaching our kids and staying committed to them throughout the season! Joe has coordinated the Squirt tournament two years and has coordinated other events in the past. Joe continues to work hard on making WSHA the best it can be.

A Big Thanks to him for the commitment he has put towards our association...as the torch is passed down for yet another year.

President Elect

Well we must now welcome in our very own Brian Meyer!

If there are any of you who still don't know who he is, a description is maybe all you'll need.

He is around the rink very often with his two sons whom both play hockey. His oldest is a Bantam this year, "Hunter Meyer", and his youngest is a Squirt this year, "Colton Meyer"

His wife Jeanne Meyer has been the concessions coordinator for the last couple of years.

Brian is a very tall man with a large goatee. (Does that ring a bell to any of you?)

Brian does a lot in the association. The last couple of years he has been coordinating rink set up.

The Board of Directors is very pleased to have him sit in the President's chair during the 2009-2010 hockey season. He also deserves thanks for taking on the responsibilities that come with being the President of WSHA.

We can be assured that we are in good hands and Brian will try hard to do everything that he can to make sure WSHA continues to grow respectfully!

Something to Think About

I will give you all one last thing to think about, from me to you!

We all know that March is the last month for hockey at the WSHA hockey rink; though how many of you know the behind scenes hard work that takes place in order to keep our association going strong? Every month there is a General Membership

meeting that takes place at the American Legion at 7:00pm. During this time the bills we pay, the money we need to spend is all shared to the association on a Treasurers Report. Fresh ideas and concerns are brought to the Board of Directors. Up and coming events are discussed, along with past events. These meetings are held to make our association stronger and better. In the last couple of years as I have sat on the secretary chair, I have unfortunately only seen a few members come to these meetings. We have over one hundred families in this association and we need the support of all the families. With fresh ideas and commitment from all the families that have kids in the WSHA we can do more and grow stronger than we are now. Bring your ideas and concerns forward and let's work together on making a commitment to our kids. Let's have participation this summer on the upcoming events. Brainstorm new ideas to raise money. Put these meetings on your calendar so you can find out first hand why it is so important that we work on ways to raise money and keep WSHA alive! Yes, March is here and we will wrap up the season; but only the season. Start getting involved. Start walking behind the scenes. Start learning what needs to be done, instead of watching it be done by others. We are all in this together, so let's work together. We are all part of a wonderful association. Let's keep it strong and make it even stronger for the years to come. If we all come together we will succeed!

Recipe of the Month



Pumpkin Citrus Cake

If you love the moist delicious flavor and softness of pumpkin cakes you'll love this pumpkin citrus cake.

What a combination of citrus and pumpkin to bring out a wonderful flavor for anyone's pallet. When finished it looks beautiful enough to put a frame around and hang on a wall; but don't let it fool you, after one bite you'll know this cake is for eating and not just for looking at!

1/2 cup granulated sugar
 1/2 cup butter, softened
 1 (15-ounce) can pumpkin
 2 eggs
 1/2 teaspoon vanilla extract
 2 1/2 cups sifted cake flour
 1 teaspoon baking soda
 1/2 teaspoon salt
 1/2 teaspoon baking powder
 1/2 teaspoon ground cinnamon
 1/4 teaspoon ground ginger
 1/4 teaspoon ground nutmeg
 1 (12-ounce) can evaporated fat-free milk

For frosting :

12 oz cream cheese, room temperature
 1 cup sour cream
 2/3 cups sugar

For syrup:

1/3 cup orange juice
 1/3 cup sugar

2 cups mandarin oranges in light syrup, drained
 1 cup pomegranate seeds (about 2)

Preheat oven to 350°.

Place granulated sugar and butter in a large bowl, and beat with a mixer at medium speed until well blended. Add pumpkin; beat well. Add eggs, one at a time, beating well after each addition and vanilla; beat until well blended.

Lightly spoon flour into dry measuring cups; level with a knife. Combine flour and next 6 ingredients (through nutmeg), stirring with a whisk. Add flour mixture and milk alternately to butter mixture, beginning and ending with flour mixture. Pour the batter into two (9-inch) round cake pans coated with cooking spray.

Bake at 350° for 30 minutes or until wooden pick inserted in center comes out clean. Cool in pans 10 minutes on a wire rack; remove from pans. Cool completely on wire rack.

Split cakes in halves, brush with orange syrup each.

For frosting beat cream-cheese with sugar until smooth and light, add sour cream beat for some more time.

Place 1 cake layer on a plate making sure that it is completely cooled. Spread cream cheese frosting evenly over top of cake. Top with the next cake layer; spread cream cheese frosting over top, continue like this with other 2 layers, spread frosting on the sides. Arrange orange slices in a ring around outer edge of top cake layer. Sprinkle pomegranate seeds over center of top cake layer. Store cake loosely covered in refrigerator

There are no calendar winners until April